

HEALTH AND WELLNESS COMMITTEE OF THE COA

Meeting Notes

May 3, 2016

9-10:30am

7300 Calhoun Place, Room 6C, Rockville, MD

In Attendance: David Denton, Judy Levy, Rev Vikram, Grace Whipple,

Staff: Tina Purser Langley

Guests: Tammy Duell, Sarah Gotbaum, Dr. Albert Kaplan, Tammy May, Marcia Pruzan, Beth Shapiro, LCSW-C, Marsha Weber

Topic	Discussion Points	Decisions/follow-up
1. Congratulations to Sarah Gotbaum!	1. Sarah Gotbaum was a recipient of the Neal Potter Achievement Awards for 2016. She told about her work to help women with equality as well as aging issues over several decades.	Suggested Action Steps 1. N/A
2. 2016 Active Aging Expo	2. Grace Whipple discussed the success of the day's event and thanked everyone for promoting/participating. Approximately 500 older adults attended.	2. N/A
3. Meeting with Mary Collins, April 6	3. David and Grace met with Mary Collins, Frederick County Department on Aging, to discuss both Counties' efforts and possible collaborations. Frederick has many of the same goals as Montgomery County but has a current focus on senior transportation and caregiving issues.	3. The meeting was successful and it was agreed there may be issues both groups could work on together including state advocacy.
4. Dementia Friendly America Initiative, MoCo, May 5	4. The steering committee is diverse group comprised of eight individuals with Odile and Jay. This should dovetail with Age Friendly America. Group is working toward more structure to move forward.	4. David will be attending the meeting and will report back at next H&W committee meeting.

5. Stakeholders host site	5. Grace had contacted the Muslim Community Center (MCC) Board President asking if they would be willing to host this year's Stakeholders Meeting. It was explained all details of the event must have COA Executive Committee approval. The Executive Committee expressed concern that the MCC it is not centrally located making it harder for some Stakeholders to attend. The last few events have been held at the Silver Spring Civic Building which is centrally located with ample parking.	5. Grace will contact the MCC Board President and explain why the location did not receive the Executive Committee's approval and to encourage someone from the MCC Board to participate on the event's planning committee.
6. Summer Study	6. Tammy Duell wrote a proposed draft for a Dental Summer Study which would include presentations from different groups to learn about current services and then identify needs, gaps and challenges to develop a plan and make recommendations. David discussed the Lewin Group Guide. He said it is full of valuable information and lists several different approaches to look at. Funding is always an issue and partnerships could be important.	6. Tammy will make suggested edits and resubmit. Suggested that Janet Yellowitz be invited to attend as well as a Johns Hopkins student to assist.
7. Senior Center Operating Fund	7. Tina said there will be discussions on the best ways to use the \$75,000 in funds received from the state.	7. Need to look into <i>Best Practices</i> that would apply to the MoCo plan.
8. Food Insecurity	8. Councilmen Berliner, Leventhal and Rice are sponsoring a bill 1916, Food Insecurity.	8. H&W should write a letter of support.
9. Commission on Veterans Affairs	9. Tammy said there is a need in Montgomery County. COA H&W and the Commission on Health should write a letter of support.	9. Tammy will look into what should be included in the letter.
Adjourn	Next Meeting Tuesday, June 7, 2016	7300 Calhoun Place, Room 6C, Rockville, MD

